

Position	Time	Race No	Name	Club Name	M/F	Age	
1	00:09:41.070	746	CRISPIN BLOOMFIELD	BILLERICAY STRIDERS	M	0	1 <sup>st</sup> Man
2	00:10:15.950	732	SAM HIGH	TEAM EVERSLEY	M	0	
3	00:10:21.730	729	LEE BAYNTON	BENFLEET RC	M	0	
4	00:10:36.870	777	CHRIS WAYMAN	BENFLEET RC	M	0	
5	00:11:17.130	737	TONY HYDE	PITSEA RC	M	0	
6	00:11:24.860	782	MATT STENNING	BILLERICAY STRIDERS	M	0	
7	00:11:56.680	745	PAUL SUSSEX	UNAFFILIATED	M	0	
8	00:12:23.580	730	STEPHEN FOGGO	BILLERICAY STRIDERS	M	0	
9	00:12:26.920	773	RICHARD NATION	CHELMSFORD AC	M	0	
10	00:12:44.710	742	JAMIE GREENHALGH	UNAFFILIATED	M	15	1 <sup>st</sup> Boy
11	00:13:06.420	781	JEREMY AURORA	BILLERICAY STRIDERS	M	0	
12	00:13:13.980	728	COLIN WILKINSON	PHOENIX STRIDERS	M	0	
13	00:13:19.930	749	ANDY WRIGHT	HAVERING 90 JOGGERS	M	0	
14	00:13:43.040	725	DAVE SIFFORD	CASTLE POINT JOGGERS	M	0	
15	00:13:58.920	721	ANDY PINNION	LEIGH ON SEA STRIDERS	M	0	
16	00:14:02.470	779	MIKE HAYWARD	CASTLE POINT JOGGERS	M	0	
17	00:14:09.560	727	MICK STAINES	UNAFFILIATED	M	0	
18	00:14:16.350	739	BRAD FARRER	UNAFFILIATED	M	0	
19	00:14:21.110	740	GORDON GREENHALGH	HOCKLEY TRAIL RUNNERS	M	0	
20	00:14:28.400	724	BRIAN BUTCHER	CASTLE POINT JOGGERS	M	0	
21	00:14:43.930	722	PETER ADELEKE	PITSEA RC	M	0	
22	00:14:44.410	720	CHARLES OMER	PITSEA RC	M	0	
23	00:14:44.720	718	REBECCA OMER	PITSEA RC	F	12	
24	00:14:52.190	762	PAUL GREEN	PHOENIX STRIDERS	M	0	
25	00:15:32.140	771	JACKIE SIBTHORP	MID ESSEX CASUALS	F	0	
26	00:15:41.260	738	HARRISON SMITH	PITSEA RC	M	13	
27	00:15:43.510	775	HELEN WILLIAMS	PITSEA RC	F	0	
28	00:15:52.040	772	KAREN MCKAY	UNAFFILIATED	F	0	
29	00:16:11.320	736	DANIEL EDMUNDS	TEAM EVERSLEY	M	0	
30	00:16:12.040	744	JAKE SUSSEX	UNAFFILIATED	M	11	
31	00:16:12.540	743	DELLA SUSSEX	KINGSWOOD	F	0	
32	00:16:16.130	763	GARY MILLER	UNAFFILIATED	M	0	
33	00:16:25.430	751	STEPHEN PIKE	UNAFFILIATED	M	0	
34	00:16:26.410	770	JIM RILEY	UNAFFILIATED	M	0	
35	00:16:41.840	719	SARA OMER	PITSEA RC	F	0	
36	00:17:02.010	776	GILLIAN HARISON	PITSEA RC	F	0	
37	00:17:49.420	761	TERRY HARDING	UNAFFILIATED	M	0	
38	00:18:45.300	723	ROGER DUFFIELD	TIPTREE ROAD RUNNERS	M	0	
39	00:19:10.790	754	ERNIE EBBENS	UNAFFILIATED	M	6	
40	00:19:11.740	755	DAVE SAUNDERS	PITSEA RC	M	0	
41	00:19:42.420	760	ALAN PRINCE	UNAFFILIATED	M	0	
42	00:20:27.410	778	TERES HOWELL	CASTLE POINT JOGGERS	F	0	
43	00:20:27.760	756	JULIE FRIEDRICK	CASTLE POINT JOGGERS	F	0	
44	00:20:46.130	734	JACK HAWTHORN	UNAFFILIATED	M	0	
45	00:20:48.060	759	BEVERLEY NEWMAN	CASTLE POINT JOGGERS	F	0	
46	00:20:53.200	780	KIM ASHKURI	CASTLE POINT JOGGERS	F	0	
47	00:20:54.450	766	MAXINE CROW	UNAFFILIATED	F	0	
48	00:21:04.860	731	CAROLE WHITE	PHOENIX STRIDERS	F	0	
49	00:21:10.250	741	ANGELA GREENHALGH	HOCKLEY TRAIL RUNNERS	F	0	
50	00:21:15.820	753	DAWN HARVEY	CASTLE POINT JOGGERS	F	0	
51	00:21:37.790	733	KERRY ELLIOTT	TEAM EVERSLEY	M	0	
52	00:21:44.280	726	IAN HAWTHORN	PITSEA RC	M	0	
53	00:22:09.160	750	ANNE WRIGHT	HAVERING 90 JOGGERS	F	0	
54	00:24:03.480	752	WILLAM METCALFE	DAGENHAM 88	M	0	
55	00:24:51.290	735	VICKI JOHNSON	UNAFFILIATED	F	0	
56	00:26:13.480	757	TRACY CARLANE-SMITH	CASTLE POINT JOGGERS	F	0	
57	00:26:13.840	758	HELEN WALKER	CASTLE POINT JOGGERS	F	0	
58	00:27:23.640	774	EMMA-JAYNE NATION	RUNFIT ESSEX	N	0	
59	00:29:54.950	764	MACY JAMES	PITSEA RC	F	9	
60	00:29:56.450	765	INGO DIERKSCHNIEDER	PITSEA RC	M	0	
61	00:30:10.610	769	HILLARY SIM	UNAFFILIATED	F	0	
62	00:30:12.040	767	TRUDIE CROW	UNAFFILIATED	F	0	
63	00:30:30.600	748	JO MOSES	UNAFFILIATED	F	0	
64	00:30:31.070	768	KAREN BRYSON	UNAFFILIATED	F	0	
65	00:30:32.070	747	NEIL MOSES	HAVERING 90 JOGGERS	M	0	
66	00:30:53.700	785	NORA ANN MCCARTHY	UNAFFILIATED	F	0	
67	00:30:54.130	783	LEEANA FITZPATRICK	UNAFFILIATED	F	0	
68	00:30:55.380	784	MARK MCCARTHY	UNAFFILIATED	M	0	